



2011

# WINTER BREAK SKILLS CAMPS



**EARLY BIRD  
REGISTRATION DISCOUNT  
ENDS DEC. 2ND**

**MON. JAN 2 - THURS. JAN 5**

VAUGHAN SPORTS VILLAGE  
2600 RUTHERFORD ROAD  
VAUGHAN, ON.  
L4K 5R1



### GROUP 1 (9AM-11AM)

#### 2006-2003 BORN PLAYERS

This Power Skating & Puck Handling program is intended for players looking to improve their current skill level. Intense focus on strength building, skating techniques and dynamic puck handling.

### GROUP 2 (11AM-1PM)

#### 2002-1997 BORN PLAYERS

Agility and edge work with and without the puck. This camp features an intense focus on explosive starts, acceleration, and transition from forward to backward.


### GROUP 3 (1PM- 3PM)

#### 2000-1996 BORN PLAYERS

The ultimate body contact clinic. Features the "V-Crest" Hitting System. Learn to separate the man from the puck and avoid injuries in game situations.

**\$230 per player Early Bird Discount**  
(\$250 per player after December 2nd)

**\*SPECIAL GROUP RATE (6 PLAYERS OR MORE)**  
**\*\*COMBINE GROUP 2 & 3 FOR \$450**

Scan to Register and Pay Online   
OR

Please send Cheque and  
Player Profile form to:  
**VITAL HOCKEY SKILLS**  
206 VICTORIA STREET  
BOLTON, ON.  
L7E 3H5



Parent Names:

Current Team:

Address:

## PLAYER PROFILE FORM

Player Name:

Birth date

Email:

Phone#

Payment Method: CASH  CHEQUE

## CONTACT INFO

Jim Vitale  
416 894-5468

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REGISTRATION ONLINE ALSO AVAILABLE



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